



INDEPENDENT TANG SOO DO ASSOCIATION

South Hills Karate Academy

705 Clairton Blvd.
Pittsburgh, PA 15236
412-714-4201



2018 16th Ko Dan Ja Classing Invitation & Clinic

Dear South Hills Karate Academy Ko Dan Ja Member,

I hope this communication finds you doing well. The purpose of this communication is to invite you to the **2018 16th Ko dan Ja Classing Invitation** and inform you of the format. **We have decided to separate the senior members this year from the You Dan Ja.** I hope you are excited about this development as we are!

The clinic and classing process will take place on **Saturday October 13th from 12:00PM - 3:30PM.** The following members are invited to participate:

- Master Alan Ritvo
- Master Christine Wilson
- Master Denny Pruni
- Master Dan Wilson
- Master Brian Maxwell
- Master Mary Cayte Reiland

We will also entertain the following members as Ko Dan Ja Candidates and assess them for Ko Dan Ja eligibility:

- Kevin Fedorchak
- Garrett Treager

**please note that Master Denny Pruni has requested the possibility of attending late due to a prior committed engagement. This has been accepted.*

Below you will find all of the information that you will need to help you prepare for the upcoming event. I suggest that you review review your requirements which can be found in the [Yu Gup Ja Training Manual](#) and Yu Dan Ja can review their requirement by clicking [here](#). Also be sure to review the Student Gup Manual to review Bunhae Ki Sul.

You can download the necessary registration forms here depending on your eligibility and pay for your testing online here:

[Dan Promotion Application](#)
[Yu Dan Ja Recertification Forms](#)

Payment for the clinic and recertification and testing can be made by check to South Hills Karate academy.

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Dates and Times

2018 16th Ko Dan Ja Classing Invitation & Clinic

★Saturday, October 13th from 12:00 Noon – 3:30PM (*approximate finish time*)

Schedule of Events

Note all below times are estimated

Saturday, October 13th

(please arrive early for warm-up as we will start right into training at the 6:00PM start time)

12:00 Noon - 2:00PM

- ★Ki Cho & Sam Gups with Emphasis on Body Motions - Master Garbowsky
- ★Pyong III Soo Shik Dae Ryun - Master Garbowsky
- ★Jion Hyung - Master Garbowsky
- ★Oh Sip Sa Bo Variation - Master Saavedra
- ★Seated III Soo Shik Dae Run - Master Saavedra

2:00PM - 3:30PM

- ★Breaking
- ★Testing Presentations

Written Essays

All Ko Dan Ja Candidates are required to submit essays will need to have their written essays submitted directly to me no later than **October 27th**. You can email them to Master Saavedra and Master Garbowsky in an electronic form at masterpsaavedra@gmail.com

Please review your essay requirements!

Regards,

Master Gene Garbowsky &
Master Patricio Saavedra

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